

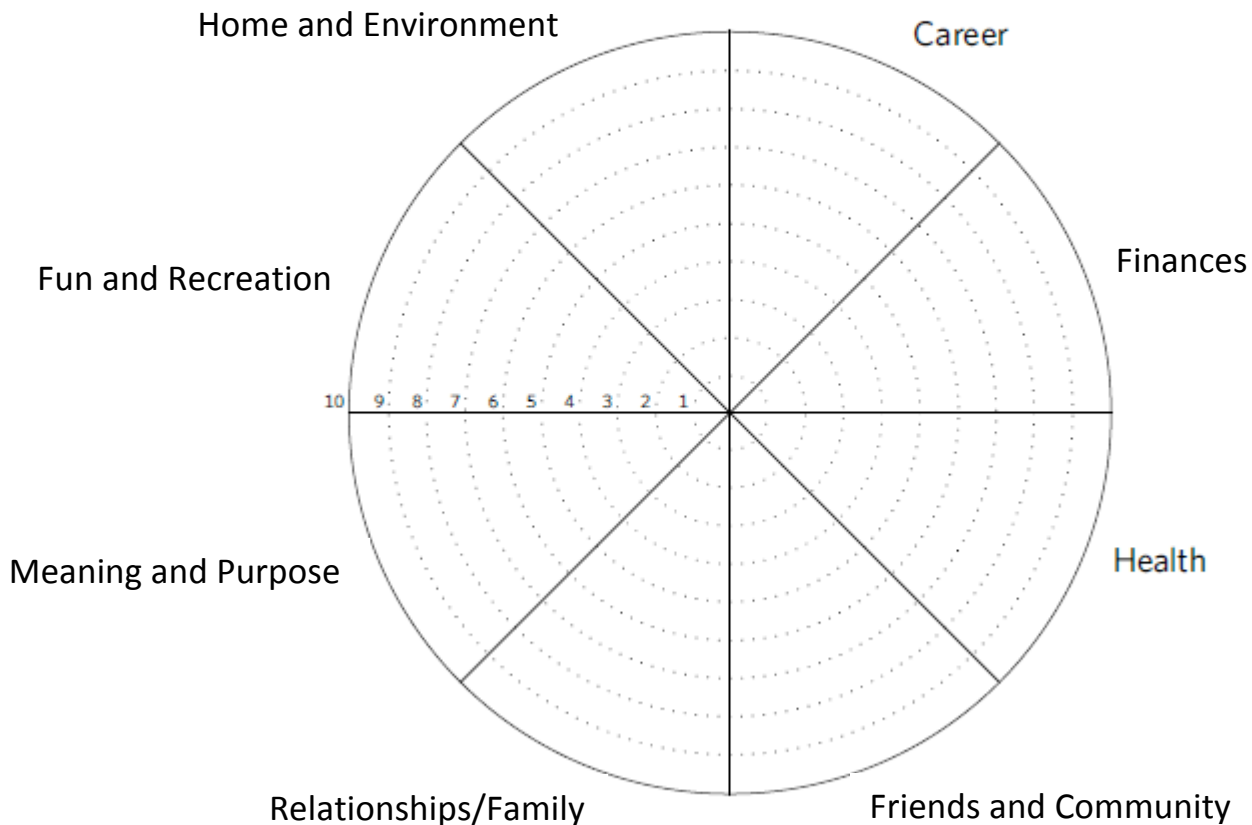


MEADOWS CONSULTING, LLC

Lucy Meadows • Career and Life Coach

617-322-9622 • lucy@lmeadows.com • www.lmeadows.com

The Wheel of Life



Directions: Look at the eight categories above and consider your *current* level of satisfaction in each category. (Change the categories if you wish.) A level of 10 is wonderful, 1 is weak. Rate your level of satisfaction with each area by drawing over the appropriate dotted line from 1-10.What did you learn?